

LATONYA M. SUMMERS, PHD LCMHCS LMHC NCC

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EDUCATION

The University of North Carolina at Charlotte, Charlotte, NC

2018

Ph.D., Counselor Education & Supervision

Department of Counselor Education and Supervision, CACREP Accredited

Dissertation: *Examining predictive factors of self-efficacy among supervisors who conduct cross-racial supervision: Social influence, racial identity attitudes, and gender self-concept*

CERTIFICATIONS AND LICENSURES

Licensed Clinical Mental Health Counselor Supervisor (NC) #4355S

Licensed Mental Health Counselor (FL) #MH18949

National Certified Counselor #45333

PROFESSIONAL EXPERIENCE

Wellness.

Owner, Practitioner, and Supervisor.

LifeSkills Counseling & Consulting, PLLC
2007 - 2017

Responsibilities include assessment, treatment planning, and provide individual, couples, and family counseling; supervising and mentoring licensed and associate practitioners, community outreach, and budgeting and planning.

Dual Diagnosis Counselor

Presbyterian Behavioral Health, Inpatient
1996 2008

Responsibilities included assessment, treatment planning, crisis intervention, and mental health and addictions counseling; training and mentoring addictions counselors.

Adolescent Substance Abuse Counselor

Catawba County Substance Abuse Services
1995 1996

Responsibilities included assessment, treatment planning, addictions counseling to adolescents and their families. IOP groups facilitator.

Adolescent Substance Abuse Counselor / Step One Substance Abuse Services

Step One Substance Abuse Services
1994 1995

Responsibilities included assessment, treatment planning, addictions counseling to adolescents and their families. IOP groups facilitator.

TEACHING/CURRICULUM DEVELOPMENT

Courses Taught

Jacksonville University

MHC 507 Group Theories and Practice

MHC 507 Group Theories and Practice

MHC 509 Social and Cultural Foundations in Counseling

MHC 601 Community Based Counseling

MHC 603 Clinical Practicum

Merlin-Knoblich, C., **Summers, L.**, & Abrams, L. (2022). The Immediate and Extended Impacts of Poverty Simulations on Multicultural Attitudes and Attitudes Towards Poverty. *Journal of Poverty*, DOI: [10.1080/10875549.2021.2023723](https://doi.org/10.1080/10875549.2021.2023723)

Summers, L., & Lassiter, P. (2021). Soul Work: The perceived clinical mental health needs of Black clients. *Journal of Multicultural Counseling & Development*, 50(1), 14-24. <https://doi.org/10.1002/jmcd.12230>

Brown, S., Bergowitz, M., & **Summers, L.** (2020). Investigation of Testimonials from Participants in an Adaptive Sports and Recreation Program. *American Journal of Occupational Therapy*, 74(S1).

King, K., & **Summers, L.** (2020). Predictors of broaching: Multicultural competence, racial colorblindness, and intrapersonal communication. *Counselor Education & Supervision*, 59, 216-230.

Summers, L., & Gutierrez, D. (2018). Assessing and treating financial anxiety: The counselor as a resource, rather than referrer. *Journal of Individual Psychology*, 74(4), 437-447.

Hatcher, S., King, D., Evans, S., & **Summers, L.** (2017). An assessment of sexual health risk behavior among female youth in juvenile detention. *Journal of Child & Youth Services*. DOI: 10.1080/0145935X.2017.1412824

Book Chapter Publications (in order published)

Summers, L., Abrams, L., & Harris, H. (2021). Barriers and access to mental health care for African Americans. *African American Mental Health*. Springer Publishers.

Summers, L. (2021). Not the Brady Bunch: School-

Book Reviews

Peer reviewer: *Black Faculty Experiences and Higher Education Strategies* by
Antija Allen and Justin Stewart. Cambridge, UK: Cambridge University Press. 2022,
May.

Peer reviewer:

Primary Investigator.

Summers, L. (2020, June). *Hair we grow again! Upward mobility, career compromise, and natural hair bias in the workplace*. Presentation at the annual Florida Career Development Association Conference, virtual.

Summers, L. (February, 2019). *Sink, Swim, or Walk on Water: Moving along the Continuum of Cultural Competence in Cross-Racial Relationships*. Invited workshop presented to the North Carolina Counselors Association Pre-Conference, Durham, NC.

Summers, L. (January, 2019). *Not the Brady Bunch: Counseling Ethnic Minority Families*. Presentation at the 11th Annual UCF Counseling Conference, Orlando, FL.

Summers, L. (October, 2018). *Broaching difficult subjects in Cross-Cultural Supervision*. Presentation at the LPCANC Annual Conference, Raleigh, NC.

Summers, L. (October, 2017). *Not the Brady Bunch: Conceptualizing Black Family Therapy via the Lyons*. Presentation at the LPCANC Annual Conference, Winston-Salem, NC.

Summers, L. (May, 2016). *A journey to recovery from Complex Trauma: How clinicians can come alongside*. Presentation at the NCNA Psych Retreat, Greensboro, NC.

Summers, L. (October, 2015). *Cross-racial supervision: Impact of power, race, and gender*. Presentation at the LPCANC Annual Conference, Durham, NC.

Local Presentations (in order presented)

Summers, L. (March, 2023). Presentation on Black Youth and Suicide. Black Teen Suicide Prevention and Youth Mental Well-Being Workgroup. Jacksonville, FL. Virtual.

Summers, L. (July, 2022). Panelist for Youth Summit. Jacksonville, FL.

Summers, L. (January, 2018). *Identifying, assessing, and treating personality disorders*. Presentation at the LifeSkills Counseling & Consulting Group, Charlotte, NC.

Summers, L. (February, 2018). *Outside of four walls: Developing competency for social Justice and Advocacy*. Presentation at the LifeSkills Counseling & Consulting Group, Charlotte, NC.

Summers, L. (March, 2018). *Using CBT to treat financial anxiety*. Presentation at National Association of Social Workers, Charlotte, NC.

Summers, L. (April, 2018). *Best practices in clinical supervision: 10 hour renewal*. Presentation at the LifeSkills Counseling & Consulting Group, Charlotte, NC.

Summers, L. (April, 2018). *Cross-cultural supervision: Impact of Power, Race, and Gender*. Presentation at the LifeSkills Counseling & Consulting Group, Charlotte, NC.

Summers, L. (May, 2018). *Not the Brady Bunch: Conducting family therapy with ethnic minority families*. Presentation at the LifeSkills Counseling & Consulting Group, Charlotte, NC.

Summers, L. (October, 2017). *Cross-racial supervision: Impact of power, race, and gender*. Presentation at the Multicultural Issues in Counseling Conference, Charlotte, NC.

Summers, L. (March, 2017). *Cross-racial supervision: Impact of power, race, and gender*. Presentation at National Association of Social Workers, Charlotte, NC.

Summers, L. (April, 2016). *Diagnosis and treatment of Acute Stress Disorder and Post Traumatic Stress Disorder*. Presentation at Charlotte AHEC, Charlotte, NC.

Summers, L. (September, 2016). *Using CBT to treat financial anxiety*. Presentation at Charlotte AHEC, Charlotte, NC.

Webinars

Summers, L. (2022, July). Call to Action Summit. Opening presenter.

Summers, L. & Hefffield, R. (2022, April). Supervision that Prepares Social Justice Advocates. Association for Counselor Education and Supervision (ACES).

Summers, L. (2022, March). Racial and ethnic disparities in mental health. Mayo Clinic of Florida.

Summers, L. (2021, May). *Recruitment and Retention of Black Providers*. Panelist. AAHS Webinar Series.

Summers, L. (2021, March). *To be Young, Gifted, Black and Tired: Identifying and Recovering from Racial Battle Fatigue*. Appalachian State University.

Summers, L. (2021, March). *Beyond the Books: Creating Race and Culture-Inclusive Classrooms*. Appalachian State University.

Summers, L. (2024). We Got Next Now: Counselors who Learn, Lead, and Liberate. Prescott College Spring Colloquium. Virtual

Summers, L. (2023). We Got Next Now: Counselors who Learn, Lead, and Liberate. Kentucky Counseling Association. Louisville, KY.

Summers, L. (2023). We Got Next Now: Counselors who Learn, Lead, and Liberate. Texas Counseling Association Annual Conference. Houston, TX.

Summers, L. (2023). Pandemic Pivot: Rethinking How We Lead. Presentation at the American Counseling Association Southern Regional Leadership Conference. Jacksonville, FL.

Summers, L. (2022). *Resilient Counselors, Resilient Profession.* Presentation at the 25th LPCANC Annual Conference. Winston-Salem, NC.

Summers, L. (2021). *Enacting the Non-Discrimination Statement: Recruiting and Retaining Black Providers.* Presentation at the MAHEC 2021 Asheville African American Health Symposium.

Summers, L. (2020). *Ethics and 2020: Yielding to the Year of Imperfection.* Presentation at the 2020 Florida Counseling Association Convention.

Media Appearances

Tedx Jacksonville. (2021, October). Know Pain, Know Gain.
<https://www.youtube.com/watch?v=9b6pnlmR0-I&t=2s>

Jacksonville University Phins Faculty Series. (2020, December). Dr. Summers was invited to speak about diversity and inclusion to prospective students.
<https://www.facebook.com/watch/?v=717739298930942>

Honeycutt, K. (2020, November). Dr. Summers was invited to give a talk about her journey from foster care to PhD. <https://podcasts.apple.com/us/podcast/flip-your-lid-with-kim-honeycutt/id1527590100?i=1000498990908>

The Mighty. (2020, July). Dr. Summers was invited to speak about how colorism affects mental health.
https://www.facebook.com/watch/live/?v=393878718289902&ref=watch_permalink

Center for Health Equity and Community Engagement. (2020, April). Dr. Summers was invited to speak about maintaining mental health among communities of color during COVID-19. https://m.facebook.com/watch/?v=2640053279570056&_rdr

McFall, S. (2020, January). Ignite Success. Dr. Summers was invited to speak about mental wellness in Black communities. <https://www.youtube.com/watch?v=0VikqqSYK5M>

Events Planned, Managed, and Organized

Black Mental Health Symposium. Virtual. September 2024.

Florida Counseling Association Convention. Virtual. October 2020. October 2021.

Black Mental Health Symposium. Jacksonville, FL. September 2023.

Black Mental Health Symposium. Virtual. September 2020-2021

Black Mental Health Symposium. Charlotte, NC 2016 2019

PROFESSIONAL SERVICE

Editorial Positions

International

- Chi Sigma Iota

National

- American Counseling Association