

*ida Blue*



Sometimes things happen that are beyond our control like accidents, illnesses and emergencies. If your health changes, you need someone on your side to guide you through. That's what our Care Consultation and Advocacy Program is for.

The Care Consultant Team (CCT) is the heart of the program. Care Consultants offer free advice and support to help you manage your health needs and control your total costs.

**They can help you:**

Benefit optimization can help you:

- Gain a better understanding of your plan
- Learn to use self-help tools
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My Care Consultant was able to help me locate providers who could address my health concerns. I have now gotten the care I needed, and I am feeling so much better."

*– Joyce (Tampa, FL)*

Health insurance is offered by Florida Blue. HMO coverage is offered by Florida Blue HMO. These companies are Independent Licensees of the Blue Cross and Blue Shield Association.

We comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, sex, or disability.