

**GAIL S. MAETOZO**

Department of Kinesiology, Brooks Rehabilitation College of Healthcare Sciences  
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**OBJECTIVE**

My special teaching interests and experience include physical education, health and fitness education, exercise physiology, and nutrition, as well as a variety of activity classes including aerobic dance, first aid classes, swimming, and tennis.

**EDUCATION**

**PhD Teacher Education/Physical Education**

Florida State University Tallahassee, Florida, 2003

**M.S. Exercise Physiology**

Northeastern University Boston, Massachusetts, 1984

**B.S. Physical Education**

Springfield College Springfield, Massachusetts, 1980

**TEACHING  
EXPERIENCE**

**Jacksonville University - Jacksonville, Florida**

**Full-time Tenure Track Assistant Professor of Kinesiology  
1999- Present**

Instructor of majors' classes in Exercise Science  
Including Kinesiology, Exercise Physiology, Exercise/fitness  
and a variety of skills classes; member of committees and student  
advising.

**Bainbridge College - Bainbridge, Georgia**

**Full-time Tenure Track Assistant Professor of  
Physical Education & Recreation - 1994-1999**

Instructor of health/fitness, foundations and introduction to Physical  
Education and Sport; first aid and safety; recreation & activity classes  
(fitness/weight training, aerobic dance; swimming, tennis) student  
advising and committee work.

**Frostburg State University - Frostburg, Maryland**

**Full-time Instructor -Non-Tenure Track - 1989-1993**

Instructor of basic skill requirements including personalized health  
and fitness, aerobics and weight control, lifeguard training,  
aquatics, tennis and health for full-time tenure track position.

**Pennsylvania State University University Park, Pennsylvania**

**Part-time Student Instructor 1988-89**

Instructor of health/fitness and aerobics for the Basic Instructional Program  
Left for full-time Instructor position at Frostburg State University



## PUBLICATIONS & RESEARCH

Remenapp A, Broome B, Maetozo G, Hausenblas H. *Efficacy of a Multiple Health Behavior Change Intervention on Women's Health Outcomes.* Women Health Open J. 2016; 2(2):28-31. doi: 10.17140/WHOJ-116.

Maetozo, Gail.S., *An Examination of College Students Perceptions of Learning using the Case Study Method in a Health and Wellness Course* Dissertation for PhD, The Florida State University. Summer, 2003.

Maetozo, Gail S., *A New Model for an Old Santa,* Journal of Physical Education Recreation and Dance. Nov-Dec, 1994.

Maetozo, Matthew G. And Maetozo, Gail S., *The 1992 Olympic Games in Barcelona: Opportunities for a New Role.* Florida Journal for Health, Physical Education and Dance. Spring 1992.

Maetozo, Matthew G. And Maetozo, Gail S., *Some Guidelines to Active Professional Involvement.* UPDATE, AAHPERD. Fall, 1991.

Maetozo, Gail S., *The Effects of Caffeine on the Respiratory Quotient during a Graded Exercise Test.* Northeastern Masters Thesis. 1984.